

# Driving With Andrew Sinker ADI

## Information



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Remember if you need to cancel a lesson 48 hours' notice needs to be given, otherwise you may still be charged for the lesson.

Please DO NOT book your driving test unless you have spoken to me. I must ensure that you are test ready before test day as I have a duty of care for the examiner. If I believe that you are not test ready, I am not allowed to let you have your test.

If you would like extra support with driving nerves or theory test preparation, please let me know as I subscribe to the Theory Test Pro app, where I can look at data to be able to offer you extra support. Additionally, I subscribe to an online course to help assist with driving and driving test nerves.

I hope you enjoy your lessons, and I would really appreciate it if you could leave me a review to ensure that future students are able to feel as comfortable as possible before they start their lessons. This can be done by following the links below. Thank you.

On Google [Click here](#)

On Facebook [Click here](#)



## Introduction

Welcome to your Driving with Andy Sinker Information book. Please feel free to contact me if you need any further information.

In the car I will be offering support helping you to learn to drive. Your learning journey will be following a coaching style of learning, helping you to develop 'safe driving for life' (this is a term that is used in driver training but unfortunately nothing in driving is ever completely without risk). Your journey with me will only be a short part of your learning journey having only a relatively short period of time with me in the car compared with the driving experiences you will have after you have passed your test and moved on to driving independently. Once you have passed your test it is important that you are able to learn from any mistakes that are made so you are able to analyse what has happened and ensure that the risk is minimised if it happens again, giving you skills to learn from any experience.

Driving lessons will be very much conducted with joint agreements between yourself and I about what will be happening during the session. We will discuss progress and will ensure that you are challenging yourself but not putting yourself under unnecessary pressure. I need to be honest with you about your progress as it is no good me saying something went well if it didn't this will not help you. Likewise, if there are any problems with the way things are going, I would appreciate it if you were honest with me. This will help me to improve your lessons and those for other students.

As drivers we can be very defensive when a mistake is made but we need to look at what happened (which may not be our fault) and reflect about what happened, what we did and what we could do better if the situation arose again. Therefore, it is important that we can take responsibility for what any mistakes made because if we don't look at our mistake the same mistake may happen time after time after time.

This induction book is an aid to help you. Additionally, you will need to read the Highway Code (there are free copies of this available online) and I would recommend reading The Official DVSA Guide to Driving (available at most good bookshops).

On the last page of this book there is a copy of a reflective log that I recommend you fill in after each lesson. This will help you reflect on your lesson and think about how we can improve your new skills.



## Theory test

Before downloading an app to help with your Theory Test please speak to me about the support I can offer. I subscribe to an app called 'Theory Test Pro'. This app provides me with an opportunity to monitor your progress and assess where I can offer extra support. I have a limited number of free places available.

Your Theory Test is valid for 2 years. The Theory Test pass mark is 86%, so you will need to answer 43 out of 50 multiple choice questions correctly and you will see 1 video clip that you will be asked a question about (you can rewatch the clip).

For the Hazard Perception section of the test, you will see a hazard. You must click the mouse button when you see a hazard, (it does not need to be on the hazard itself, anywhere on the screen will work). A hazard is something that may cause you to change speed or direction. When the hazard starts to develop your scoring will start at 5 points but the longer it takes you to identify the hazard the lower your score will be. If you click continually or in a pattern you may get a zero for that clip as the computer could detect possible cheating. You need to score 44 out of 75 to pass the Hazard Perception section.

To pass the overall Theory Test, you must score a pass in both sections of the Theory Test. If you are unsuccessful on one section, you will be unsuccessful in passing (you must pass both sections at the same time).

To see information from the DVSA on YouTube [Click here](#)

### How to book your Theory Test

To book your theory test click [here](#) and it will connect you to the booking page.

### **You will need:**

- UK driving licence number.
- An email address - you must book by phone if you don't have an email address.



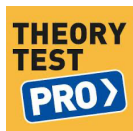
- A credit or debit card.

You must have lived in England, Wales or Scotland for at least 185 days in the last 12 months before the day you take your theory or driving test.

## Help available for your Theory Test

There is a lot of help available that I have not listed below. Here are some resources I have found useful:

### Apps



Theory Test Pro (available from Andy)



Driving Test Success

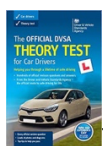
### Books



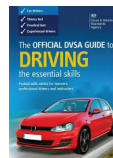
Highway Code



Know your traffic signs



The Official DVSA Theory Test



The Official DVSA Guide to driving

### Podcasts



5 Minute Theory <https://podcasts.apple.com/gb/podcast/5-minute-theory/id1555000420>

### YouTube



Theory Test Pro <https://www.youtube.com/@TheoryTestPracticeOnline>



## Practical Driving Test

Before your test, you will be asked if you would like your instructor in the car for the test, and this is completely your preference. If you decide not to have your instructor in the car you will be asked if you would like your instructor there for your feedback at the end of the test.

Your Practical Driving Test will last approximately 38-40 minutes. Before you start, you will need to complete some paperwork in the test centre where they will look at your driving licence and ask you about your car's insurance (my car is covered for test purposes). Your examiner will also ask you if you would like your instructor there for your feedback before showing the examiner to the car. On the way to the car, you will be requested to read a car registration number plate and you will be asked your Tell Me question and asked to wait in the car whilst they look around the car to ensure it is road safe.

During the test, you will be asked to carry out a 20-minute independent drive. 4 out of 5 people will be instructed to follow a sat nav with a destination already programmed in and 1 out of 5 students will be asked to follow road signs which your examiner will tell you when they need you to start the independent drive (this will normally change destinations several times during the test). The rest of the time the examiner will direct you to where they want you to go. At any time, you will be asked to carry out one of the four manoeuvres (reverse bay park, forward bay park, parallel park or reversing on the right-hand side of the road). 1 out of 3 people will be requested to carry out an emergency stop. You will also be asked your show me question during your drive at any stage of the test. During the test you will be instructed to pull up on the side of the road several times and drive off again. This is to ensure you can find somewhere safe, convenient and legal to park and be able to move off safely again.

At the end of the test the examiner will let you know if you have been successful. If you have passed your examiner will offer to keep your driving licence and your new one will be posted out to you. You do not have to surrender your licence to your examiner, but you will then need to get a form from the post office and post it to the DVSA.

Do not worry if your examiner spends a lot of time putting information on their iPad. They need to log when you completed some of the key elements of the test.

## How to book your practical test

Please speak to me before booking your test. Once I have confirmed that you are nearing been test ready, to book your driving test [Click here](#)

### **You will need:**

- Your UK driving licence number.
- An email address - you must book by phone if you don't have an email address.
- A credit or debit card.
- To have already passed your Theory Test.

You must have lived in England, Wales or Scotland for at least 185 days in the last 12 months before the day you take your theory or driving test.

On the next page there is an example of the practical test marking sheet, although the test is now marked on an iPad, [here](#) you will find a link to the driving examiner guidance for marking.



<b>Candidate</b> _____	<b>Test category</b> _____	I declare that the use of the test vehicle for the purpose of the test is fully covered by a valid policy of insurance which satisfies the requirements of the legislation.  I normally live/have lived in the UK for at least 185 days in the last 12 months (except test ordered by a court after disqualification).  X _____
<b>Address</b> _____	<b>Date</b> _____	
<b>App ref</b> _____	<b>Time</b> _____	
<b>Driver no.</b> _____		
<b>Test results preference</b> <input type="checkbox"/> Post <input type="checkbox"/> Email address _____		
I agree to DVSA collecting, using, storing and sharing my personal information for the purpose of carrying out the driving test.		

<b>Instructor reg number</b> _____	<b>Vehicle reg</b> _____	<b>Vehicle details</b>
		<input type="checkbox"/> School car
<b>Transmission</b> <input type="checkbox"/> Manual <input type="checkbox"/> Automatic	<b>Accompanied by</b> <input type="checkbox"/> Ins <input type="checkbox"/> Sup <input type="checkbox"/> Int <input type="checkbox"/> Other	<input type="checkbox"/> Dual control

<input type="checkbox"/> <b>Eyesight test</b> (S)	<b>Move off</b> <input type="radio"/> Safety    (S) (D) <input type="radio"/> Control    (S) (D)	<b>Positioning</b> <input type="radio"/> Normal driving    (S) (D) <input type="radio"/> Lane discipline    (S) (D) <input type="radio"/> Pedestrian crossings    (S) (D) <input type="radio"/> Position / normal stop    (S) (D) <input type="radio"/> Awareness planning    (S) (D) <input type="radio"/> Clearance    (S) (D) <input type="radio"/> Following distance    (S) (D) <input type="radio"/> Use of speed    (S) (D)
<input type="checkbox"/> AS <input type="checkbox"/> NS <input type="checkbox"/> NS <input type="checkbox"/> HS/DS	<b>Use of mirrors</b> <input type="radio"/> Signalling    (S) (D) <input type="radio"/> Change direction    (S) (D) <input type="radio"/> Change speed    (S) (D)	<b>Progress</b> <input type="radio"/> Appropriate speed    (S) (D) <input type="radio"/> Undue hesitation    (S) (D)
<b>Manoeuvres</b> <input type="checkbox"/> Reverse / Right <input type="checkbox"/> Reverse park (road) <input type="checkbox"/> Reverse park (car park) <input type="checkbox"/> Forward park <input type="radio"/> Control    (S) (D) <input type="radio"/> Observation    (S) (D)	<b>Signals</b> <input type="radio"/> Necessary    (S) (D) <input type="radio"/> Correctly    (S) (D) <input type="radio"/> Timed    (S) (D)	<b>Response to signs / signals</b> <input type="radio"/> Traffic signs    (S) (D) <input type="radio"/> Road markings    (S) (D) <input type="radio"/> Traffic lights    (S) (D) <input type="radio"/> Traffic controllers    (S) (D) <input type="radio"/> Other road users    (S) (D)
<input type="checkbox"/> <b>Show me / Tell me</b> <input type="radio"/> Show me / Tell me    (S) (D)	<b>Junctions</b> <input type="radio"/> Approach speed    (S) (D) <input type="radio"/> Observation    (S) (D) <input type="radio"/> Turning right    (S) (D) <input type="radio"/> Turning left    (S) (D) <input type="radio"/> Cutting corners    (S) (D)	<b>Total faults</b> <input type="checkbox"/> Pass <input type="checkbox"/> Fail <input type="checkbox"/> None
<input type="checkbox"/> <b>Controlled stop</b> <input type="radio"/> Controlled stop    (S) (D)	<b>Judgement</b> <input type="radio"/> Overtaking    (S) (D) <input type="radio"/> Meeting    (S) (D) <input type="radio"/> Crossing    (S) (D)	<input type="checkbox"/> <b>ETA</b> Physical <input type="checkbox"/> Verbal <input type="checkbox"/>
<b>Control</b> <input type="radio"/> Accelerator    (S) (D) <input type="radio"/> Clutch    (S) (D) <input type="radio"/> Gears    (S) (D) <input type="radio"/> Footbrake    (S) (D) <input type="radio"/> Parking brake    (S) (D) <input type="radio"/> Steering    (S) (D) <input type="radio"/> Precautions    (S) (D) <input type="radio"/> Ancillary controls    (S) (D)	<input type="checkbox"/> <b>ECO</b> Control <input type="checkbox"/> Planning <input type="checkbox"/>	

<b>Licence received</b>	<b>Pass certificate number</b>	<b>I acknowledge receipt of my pass certificate and confirm there has been no change to my health since I last applied for a licence.</b>
<input type="checkbox"/> Yes <input type="checkbox"/> No	_____	X _____



## Show Me, Tell Me

On your practical driving test, you'll be asked 2 vehicle safety questions as part of your test.

The examiner will ask you one:

- 'Tell Me' question (where you explain how you would carry out a safety task) will be asked at the start of your test, before you start driving
- 'Show Me' question (where you show how you would carry out a safety task) while you're driving. The examiner will say "When it's safe to do so .....", You do not need to have to do this straight away as it may not be safe to complete the task given. For example, if you are asked to wash and clear your front windscreen whilst you are on a bend you can wait until you are on a straight part of the road to ensure that this task is carried out safely.

Here are links for the DVSA who have posted videos on Facebook about the Show Me, Tell Me.

Before your test you will be shown everything on the car we are using, and we will go over the questions and practice the show me questions when you are driving the car.

Show me - <https://www.youtube.com/watch?v=damj01nXcZU>

Tell me - <https://www.youtube.com/watch?v=uh8slnP76-w>

Below is a list of the questions that you could be asked. Some of the information is specific to my car.

### Tell Me

#### **1. Tell me how you would check that the brakes are working before starting a journey.**

Brakes should not feel spongy or slack. Then brakes should be tested as you set off, the vehicle should not pull to one side. If it does pull to one side the breaks which weigh the car pulls to are working more effectively.

#### **2. Tell me where you would find the information for the recommended tyre pressures for this car and how tyre pressures should be checked.**

In the manufacturer's guide and you need to use a reliable pressure gauge. Check and adjust pressures when tyres are cold and don't forget spare tyre. Remember to refit all the valve caps.

**3. Tell me how you make sure your head restraint is correctly adjusted, so it provides the best protection in the event of a crash.**

The head restraint should be adjusted so the rigid part of the head restraint is at least as high as the eye or top of the ears, and as close to the back of the head as is comfortable. Note: Some restraints might not be adjustable.

**4. Tell me how you would check the tyres to ensure that they have sufficient tread depth and that their general condition is safe to use on the road.**

No cuts, bulges, damage or foreign objects in the tyre. There must be 1.6mm of tread depth across the central three-quarters of the breadth of the tyre, and around the entire outer circumference of the tyre.

**5. Tell me how you would check that the headlights and taillights are working. You do not need to exit the vehicle.**

Explain you'd operate the switch (turn on ignition if necessary), then walk round vehicle or ask someone to (as this is a 'tell me' Question, you don't need to physically check the lights).

**6. Tell me how you would know if there was a problem with your anti-lock braking system.**

Warning light should illuminate or stay on when the engine has been turned on if there is a fault with the anti-lock braking system.

**7. Tell me how you would check the direction indicators are working. You do not need to exit the vehicle.**

Explain you'd operate the switch (turn on ignition if necessary), and then either walk round vehicle or ask someone to walk around the vehicle (as this is a 'tell me' Question, you don't need to physically check the lights).

**8. Tell me how you would check the brake lights are working on this car.**

Explain you would operate the brake pedal, make use of reflections in windows or doors, or ask someone to help.

**9. Tell me how you would check the power-assisted steering is working before starting a journey.**

If the steering becomes heavy, the system may not be working properly. Before starting a journey, 2 simple checks can be made.

Gentle pressure on the steering wheel, maintained while the engine is started, should result in a slight but noticeable movement as the system begins to operate. Alternatively turning the steering wheel just after moving off will give an immediate indication that the power assistance is functioning.

**10. Tell me how you would switch on the rear fog light(s) and explain when you'd use it/them. You do not need to exit the vehicle.**

Operate switch by turning on dipped headlights and ignition then turn the switch twice. Check warning light is on. Explain that you would use them when visibility is less than 100 meters. Ensuring that when visibility improves they are switched off.

**11. Tell me how you switch your headlight from dipped to main beam and explain how you would know the main beam is on.**

Operate switch by pulling the headlight lever towards yourself, then check the blue main beam warning light is on.

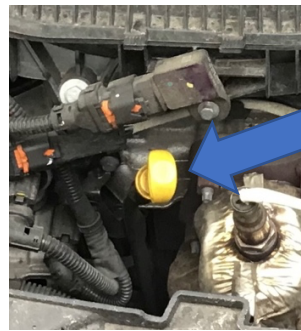
**The three open the bonnet questions you could be asked as part of your 'Tell Me' questions.**

For these questions you need to open the bonnet for the examiner. The lever to open the bonnet is visible when you open the passenger door.



**12. Open the bonnet and tell me how you would check that the engine has sufficient oil.**

Identify dipstick/oil level indicator, describe how you would check oil level by removing the dipstick, wiping it clean and placing it back in. Remove the stick again and check the oil level against the minimum and maximum markers.



The dipstick

**13. Open the bonnet and tell me how you would check that the engine has sufficient engine coolant.**

Point to the engine coolant bottle and identify the high- and low-level markings on the header tank and describe how to top up to correct level.



High/low level

**14. Open the bonnet and tell me how you'd check that you have a safe level of hydraulic brake fluid.**

Identify reservoir, check level against high and low markings which is on the side.



High/low level on left hand side of the bottle

## Show Me

1. When it's safe to do so, can you show me how you wash and clean the rear windscreen?
2. When it's safe to do so, can you show me how you wash and clean the front windscreen?
3. When it's safe to do so, can you show me how you would switch on your dipped headlights?
4. When it's safe to do so, can you show me how you would set the rear demister?
5. When it's safe to do so, can you show me how you would operate the horn?
6. When it's safe to do so, can you show me how you would demist the front windscreen?
7. When it's safe to do so, can you show me how you would open and close the side window?

## Reflective Log

It is a good idea to look back at a lesson or when practicing and reflect on what has happened, both positive and negative. Please take some time to fill in the reflective log a little while after you have driven. You can bring the log along to your next lesson and share your thoughts and experiences with me so we can look at ways to improve on your lessons or you can just keep this for yourself to look back at it as a reminder to talk about with me.

Date:	Weather conditions:
How was I feeling before the drive?	
What went well today?	
What didn't go as well as I would have liked today?	
What could I do next time to help with what did not go as well as I would have liked?	
Looking at you're driving in general and the above box. What could you do to do to improve?	
How could you achieve this? And how much help would you like from your instructor?	
How was I feeling after the drive?	
Notes	

Please feel free to photocopy/print off more copies of this page.